

ESSENTIAL INSTRUCTIONS: DURING ORTHODONTIC TREATMENT

Do not touch the braces with hand or pencil.

Do not bite anything with the front teeth.

Don't eat hard things at all. 4. Don't eat sticky things like chocolate, etc., they will stick to the braces.

Do not drink cold drinks, they will reduce the strength of your brace.

Brush with an orthodontic brush as directed by your dentist.

Ulcers or pain may occur at the beginning of the treatment. prescribed by dentist

Use medicine.

If any bracket (part of brace) breaks, wrap it in paper and bring it with you to the next appointment.

If any wire comes out, inform your dentist and keep cotton there.

Avoid playing sports like boxing which can cause injury to your front teeth.

Be on time for your appointment date.

The pace of physical development of every child is different. You have been told the full duration of the treatment on an estimate, it may be more or less.